



944 New Loudon Rd, Latham NY 12110 (518) 785-4311 www.TriCityTennis.com

Tri-City Fitness is proud to present the **SPRING** session of the Junior Tennis Academy! It is designed to accommodate players of all levels. The lessons include both drills and games, and will focus on the physical and mental aspects of the game. Players will be grouped based on ability level.

CLASSES BEGIN Monday, April 24, 2017
CLASSES END Saturday, June 24, 2017
Make-up classes will only be arranged for injuries/illnesses accompanied by a doctor's note.
NO CLASSES Saturday, April 29
 Saturday, May 27
 Monday, May 29

PRICES \$100 Annual Jr. Membership Required
 Monday groups: \$240
 Saturday groups: \$210
 All other groups: \$270

PERKS OF THE PROGRAM

- **Free** walk-on time with other junior players!
- **Free** Junior Shootout!
- Parents may use our fitness center at no charge during their child's lesson
- Discounted rates on private lessons, holiday camps, birthday parties, etc.



CLASSES OFFERED

11&Under Beginner

inexperienced beginners aged 11 and under

Monday 6:00 - 7:00 PM
 Wednesday 6:00 - 7:00 PM
 Thursday 5:00 - 6:00 PM
 Friday 4:00 - 5:00 PM
 Saturday 2:30 - 3:30 PM

12&Over Beginner

inexperienced players aged 12 and over

Wednesday 5:00 - 6:00 PM
 Saturday 3:30 - 4:30 PM

Advanced Beginner

players with some previous instruction

Monday 6:00 - 7:00 PM
 Tuesday 4:00 - 5:00 PM
 Tuesday 5:00 - 6:00 PM
 Thursday 4:00 - 5:00 PM

Intermediate

sustains rallies, serves from baseline

Monday 4:30 - 5:30 PM
 Monday 6:00 - 7:00 PM
 Tuesday 4:00 - 5:00 PM
 Wednesday 5:00 - 6:00 PM
 Wednesday 6:00 - 7:00 PM
 Thursday 4:00 - 5:00 PM
 Friday 4:00 - 5:00 PM
 Saturday 2:30 - 3:30 PM
 Saturday 3:30 - 4:30 PM

Advanced

uses topspin and varied pace, consistent serve

Tuesday 5:00 - 6:00 PM
 Thursday 5:00 - 6:00 PM
 Friday 4:00 - 5:00 PM
 Saturday 4:30 - 5:30 PM

Please complete BOTH sides of this form.

PAYMENT AND LIABILITY WAIVER AND ASSUMPTION OF RISK AND RELEASE

I understand that membership is required for participation in Tri-City Fitness (the "Club") programs, that this application must be accompanied by the required non-refundable payment in full to confirm registration. If my account is not paid as required, I consent that Tri-City Fitness may charge my checking/credit card account for the full amount past due plus a late fee. I accept that enrollment in Tri-City programs is for the full session and that no refunds will be given for withdrawal, a credit for future services, in the amount of the payment may be issued. By signing below I agree that I will abide by all the rules and regulations which now exist or which may be hereafter adopted or amended by the management of the Club. I further acknowledge and agree that there are certain inherent dangers in playing tennis and that the club shall not be liable for any personal injuries, property damage, or other loss sustained by me in, on or about the premises of the Club, or arising out of the use or intended use of any facilities equipment or other property of the Club, whether or not said personal injuries, property damage or other loss sustained by me is the result of the negligence of owners, agents or employees of the Club or the negligence of any other persons present on the premises of the Club. These conditions apply individually and/or jointly with other players, or guest of players. If I enroll in Club programs and am asked to furnish the Club with appropriate medical exams, I agree to furnish such exams and records. In addition, in case of accident or injury to me and if an emergency contact person can not be reached, I grant the Club permission to obtain medical attention for me if necessary, for which I will be financially responsible. **THE CLUB RESERVES THE RIGHT TO CLOSE COURTS FOR REPAIRS OR ALTERATIONS.** The Club reserves the right to cancel the contract at any time, at its sole discretion, and management's sole liability shall be to refund any amounts previously paid on a pro-rata basis. Tri-City retains the rights to any photographs or video taken at the facility to be used for publicity and advertising. Tri-City cannot guarantee make-ups for classes missed by the student.

Parent/Guardian Signature

Date

Tri-City Fitness is proud to offer a variety of programs for players of all ages and levels. No matter what you're looking for from a tennis facility, we are confident that you will find the perfect opportunity at our club.



Juniors:

Junior Academy: In group lessons, kids will be placed, by ability, with their peers and exposed to the basic mechanics and strategies of the game. This will be done through a combination of drills and games, with a constant emphasis on having fun.

Elite Program: These groups are designed for tournament level players. The focus is on more advanced techniques and strategies, as well as proper footwork, with the goal of developing players who are competitive at higher levels.

Junior Shootout: Taking place on Saturday evenings, this drop-in program enables kids to play matches against their peers in an informal setting.

USTA and Club Tournaments: Tri-City is proud to host several tournaments throughout the year, which give local players the chance to test themselves against other players throughout the region.

For more information on any of our junior programs, please contact Andy at andy@tricitytennis.com.

Adults:

Clinics: These group lessons are offered at various times throughout the day, as well as on weekends. Players will be grouped by ability, and will be challenged by our pros to take their game to the next level!

Shot of the Day: These drop-in clinics allow for players to work on specific strokes, with a different focus provided each time.

Aerobic Tennis: Combining the best of aerobics classes with playing tennis, these popular drop-in classes offer players a great workout on the tennis court!

Ladders and Leagues: Many players want to schedule competitive matches with some flexibility on the times. We host an extensive singles ladder, as well as both singles and doubles leagues, so you'll be assured of getting some good matches at a convenient time for you.

Fitness Center: Our state of the art fitness center, as well as our professional trainers and the low-key atmosphere, are ideal for just about anyone's workout needs.

For more information on our adult programs, please contact Herb at 785-4311.

Spring 2017 Junior Academy Registration

Please print clearly.

Player's Name		D.O.B.		Payment Options Completed registration form and payment in full must be submitted BEFORE the first class.			
Address							<input type="checkbox"/> Enclosed is a check for full payment
City		State	Zip		<input type="checkbox"/> Put the charge on my house account		
Medical/Allergy Concerns				<input type="checkbox"/> Charge my credit card (number below):			
Parent/Guardian's Name				#			
E-mail				Exp. Date:			
Home phone		Cell phone		Signature:			
				*You will be notified if your choice is unavailable			
DAY*		TIME		LEVEL			